OVER-INJECTED

have they gone too far?

EVER SINCE THE ADVENT OF FILLERS AND INJECTABLES, WOMEN HAVE BEEN ABLE TO ERASE WRINKLES AND LINES IN MINUTES—IN SOME CASES, THEY CAN BE STOPPED BEFORE THEY EVER MAKE THEIR MARK, BUT THE KEY TO SUCCESSFUL INJECTABLES IS A NATURAL END RESULT THAT IS NOT OBVIOUS. "SIMPLY PUT, YOU DON'T WANT TO LOOK UNNATURAL. MOST INJECTABLE AND FILLER PATIENTS WANT TO LOOK THEIR BEST BUT STILL LOOK SOME CELEBRITIES APPEAR TO HAVE TAKEN IT TOO FAR-TO AVOID THAT "WAXY AND DONE" LOOK, WE BREAK DOWN THE RIGHT WAY TO DO INJECTABLES VERSUS WHAT LENDS TO A FAKE APPEARANCE.

> what the expert says



CELEBRITIES

what the expert says

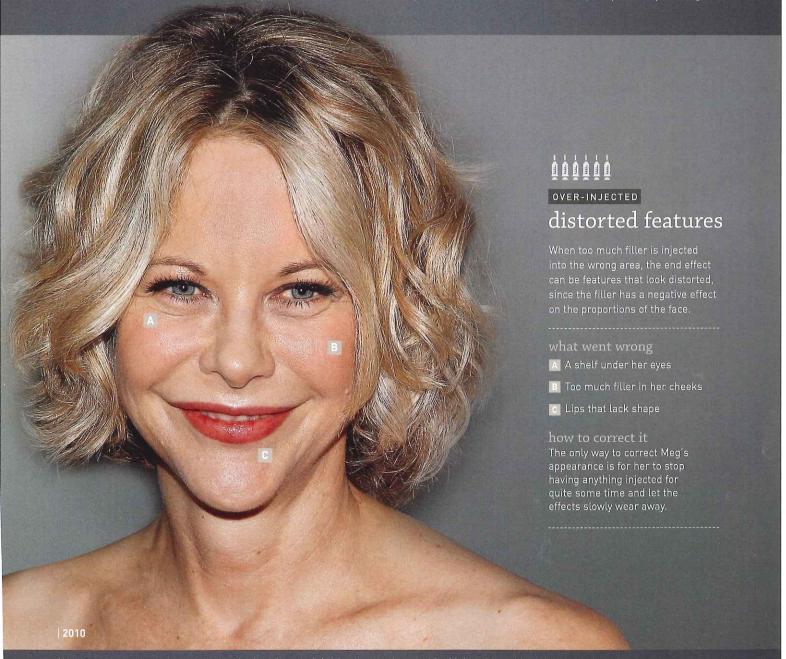
a waxy look

"She's really starting to result of too much

disappearing eyes

unnaturallooking cheeks

front of her cheeks, which pushes her nasolabial creases over and also creates a 'shelf' under her



*NewBeauty does not claim to know whether these celebrities have or have not had injectables, fillers, lasers

the negative effects of TOO MUCH FILLER



TROUT-POUT LIPS.

When the top lip is overinjected and doesn't unnatural. This is a dead giveaway that the lips have been injected.



OVER-INJECTED a bloated look

- Too much Botox at the browline
- Lack of "comprehensive"

how to correct it

Inject the temples and the tail of the brow with Botox,

2010

what the expert says

an "overdone" look

"Sela looks 'done,' but her temples have been ignored, which causes her face to look out of balance. Placing some Botox about two fingers width above the tail of the brow would help eliminate the elevation," says Dr. Lupo.

lack of balance

"Botox has dropped the brow at the inner corner of the eyes while raising the sides of the brow too much, giving a harsh look," says Dr. Lupo.



UNNATURAL-LOOKING FACIAL PLANES.

Fillers can be used to add volume and provide lift to some degree, but, when too much is used in certain areas (namely the area between the eyes and cheeks and the temples), it can cause the angles of the face to become distorted.



LUMPS IN THE LIPS.

Because the lips are constantly in motion, the repetition of movement can potentially cause lumps to develop in the filler. If permanent and semi-permanent fillers are used, there is a greater risk for lumps.



BULGES UNDER THE EYES.

A dead giveaway of overdone cheeks is bulging under the eyes.



A BULGING FOREHEAD.

Usually the result of too much Botox or Dysport, a bulging forehead happens when the face is not addressed as a whole and only one or two features are injected.



ABOUT FILLERS

All types of fillers and injectables, both those that are FDA-approved and those that are not, can be abused. While it's not in your best interest to have any one substance over-injected, negative long-term effects of Botox and Dysport and hyaluronic acid fillers are typically less severe than fillers that are intended to be longer-lasting or permanent. If problems arise with long-lasting and permanent fillers, they can be corrected surgically, whereas the effects of Botox, Dysport and hyaluronic acid fillers will eventually wear away on their own.

what the expert says

fake-looking lips

"Daryl's lips are not proportional," says Dr. Beer. "She looks as if she has too much of everything in all the wrong places. Her filler is not done right, and the middles of her cheeks are bulging."

5 CLUES YOU MAY BE ADDICTED TO **INJECTABLES**

You're spending thousands of dollars every few months on injectables.

You're having multiple areas treated routinely at every session.

Your face looks (X drastically or different.

You don't wait time between

You're seeing various doctors areas that were



OVER-INJECTED the frozen face

- M Bulging midface
- Unnatural brow arch
- Waxy appearance
- Fake-looking cheeks

how to correct it

what the expert says

pay attention to the upper face

"She would probably look better, and more youthful, is she had the upper portions of her face injected and less of her cheeks done, which gives the middle of her face a bulging look," says Dr. Beer.

unnatural-looking eyebrows

"The medial eyebrows are too low and the lateral eyebrows too high, giving an unnatural arch, which may possibly be caused by Botox and volume loss in the forehead and temples," says San Antonio, TX, dermatologist Vivian Bucay, MD.

a timeline for MAINTAINING YOUR INJECTIONS

For Botox or Dysport treatments, which between the eye-brows, crow's-feet

Get touched up with hyaluronic acid fillers, Perlane and Juvéderm. These fill in lines and and can be used to "build up" features,

Reinject Sculptra Aesthetic and/or Radiesse. These cheeks, jowls and midface.



OVER-INJECTED

too-wide face

"Her face became wide from

- 🚺 Overly filled lips
- Too much injected in the middle and lower face

how to correct it

"The excess material could could wait it out. Then, the should be treated, and her face needs to be 'balanced' with fillers," says Dr. Beer.

what the expert says filler in the wrong areas

"The middle third of her face is way too wide. My guess is that someone that was not familiar with anatomy injected her strange but can't figure out why."

how to get a NATURAL LOOK



STICK WITH TEMPORARY FILLERS.



WELL-INJECTED soft and feminine

- B Proportional lips
- c Perfectly placed filler in the lips

what the expert says

perfect brows

defined features



SET A SCHEDULE WITH YOUR DOCTOR AND TRY TO STICK TO IT.



ASK YOUR DOCTOR TO BE CONSERVATIVE.



DON'T COMBINE INJECTIONS WITH TOO MANY OTHER PROCEDURES.



KNOW WHAT'S BEING INJECTED.



what the expert says

flatter her face



The first of its kind, LipoCeutical Hylanses Activator Serum claims to increase the rate at which the body naturally breaks down the filler. \$48, lipoceutical.com

can fillers slow the **AGING PROCESS?**

THE MAIN PURPOSE OF FILLERS IS TO FILL IN LINES AND WRINKLES AND RESTORE VOLUME. THE NEW DEBATE IS WHETHER OR NOT LONG-TERM USE OF THEM CAN OF VOLUME PER YEAR IN THE FACE, WHICH IS ABOUT THE EQUIVALENT OF FIVE SYRINGES



what the expert says

A LITTLE TOO MUCH

NOT ENOUGH



YES, THEY CAN.



NO, THEY CAN'T.



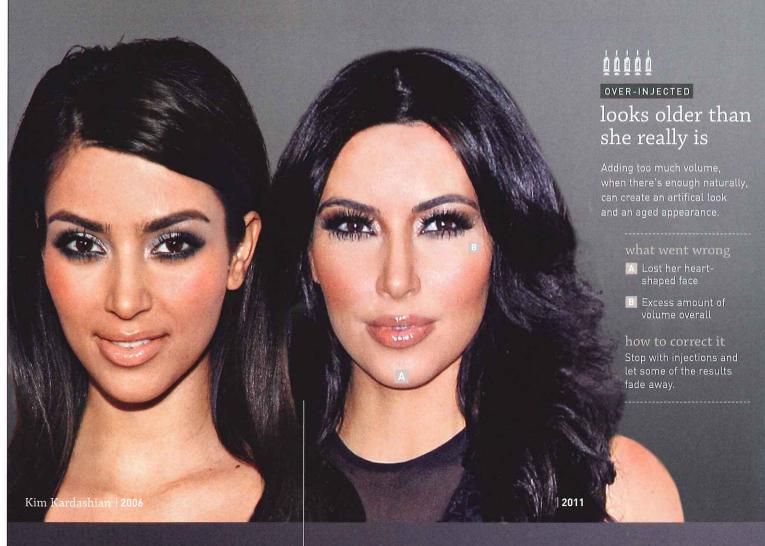




JUST RIGHT

too much TOO SOON?

THE SOONER YOU START WITH INJECTABLES AND FILLERS, THE SOONER YOU'LL BE ABLE TO STAVE OFF THE EFFECTS OF AGING. ACCORDING TO DR. LUPO, IT'S BEST TO START BOTOX IN YOUR LATE 20s AND FILLERS IN YOUR LATE 30s. BUT SOME OF HOLLYWOOD'S YOUNGER CELEBRITIES ARE OVER-INJECTING IN UNNECESSARY AREAS, CHANGING THE OVERALL LOOK OF THE FACE.



what the expert says

very full cheeks

"If you look at Kim in 2006, she really had a heart-shaped face. She now has more cheek than she should, but she still looks good," says Dr. Beer.

WHY FILLERS DON'T AFFECT NATURAL AGING

There's no need to worry about causing changes in how your face will age, if your injections are done properly. "We do injectables differently today than in the past—we don't just fill but also lift now. So, if product is used globally and not just locally, then the face should age exactly the same as if nothing was done," says Dr. Lupo.

AVOID THE PROBLEM

To make sure that you don't end up with unnecessary and excess product, have your doctor treat only the areas that are starting to show signs of aging. Make sure you're back at your doctor's office only when touch-ups are needed.