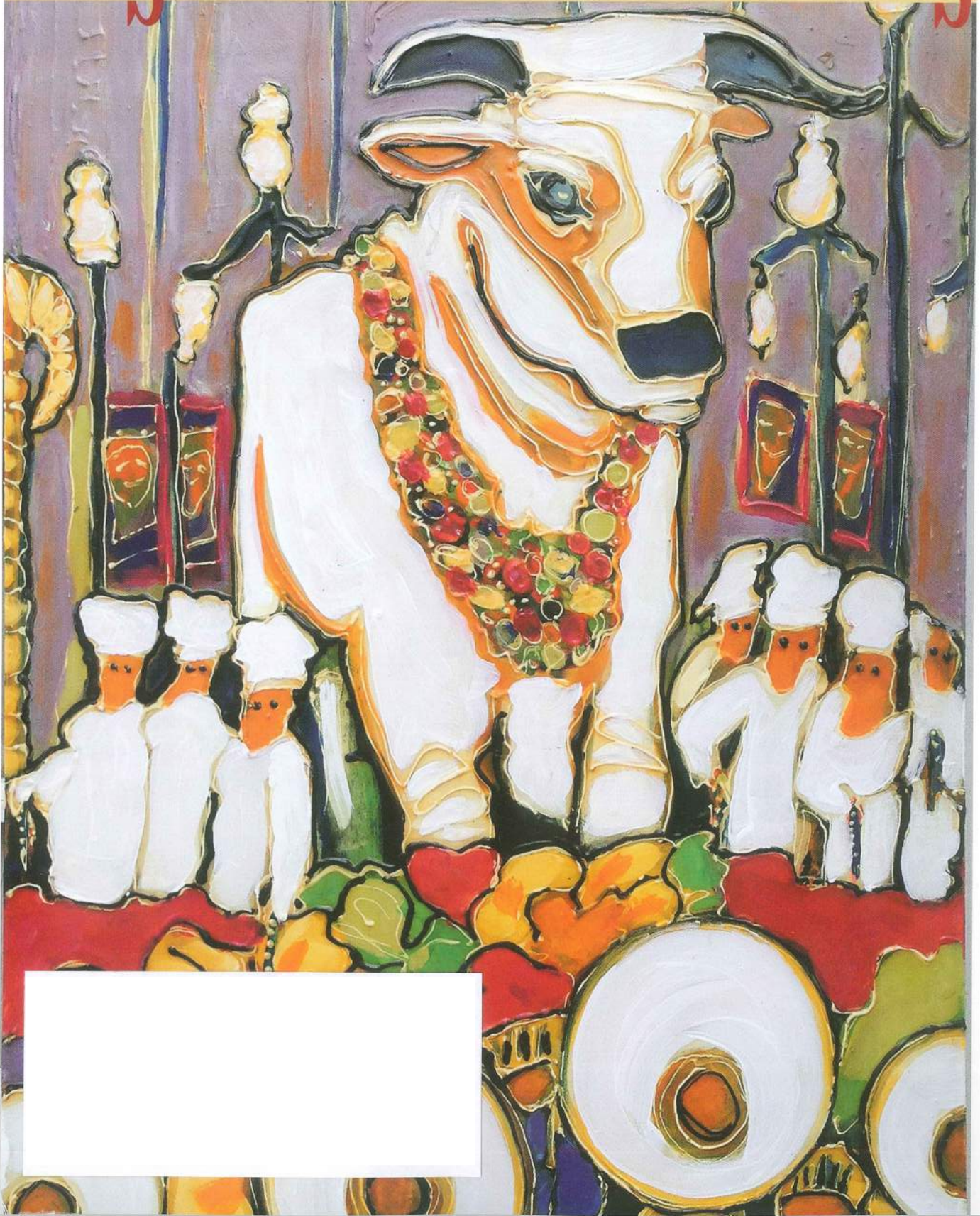


Inside New Orleans

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HEALTHY LIVING 2016 • THE KINGS OF CAKES • SOFAB • LUCKY DOGS

FEBRUARY-MARCH 2016
VOL. 3, NO. 1





Kate Holcomb, MD
Lupo Center for Aesthetic and General Dermatology
 Innovating Dermatology Since 1984

Dr. Kate Holcomb is a board-certified dermatologist who joined the Lupo Center in 2012 after completing a four-year commitment to the Navy, where she served as a clinical professor and staff dermatologist. A New Orleans native, she is a graduate of Tulane University and Tulane University School of Medicine, where she now serves as a clinical assistant professor of dermatology.

How do you find the practice of dermatology rewarding?

While I have extensive experience treating acne, skin of color and allergic dermatitis, I also have experience performing and teaching non-surgical rejuvenation. Over the course of taking care of patients' medical needs, they trust my expertise to help them with their cosmetic goals. It's rewarding because I can treat a patient's medical condition and then go beyond that to help them look and feel their personal best.

In the last issue, we talked to Dr. Mary Lupo about non-surgical rejuvenation. How do your medical patients benefit from non-surgical rejuvenation?

After we go through treatments to get the skin healthy again, some patients will be left with scars or skin discoloration. With the latest technology, we can help diminish what previous conditions have left behind.

Active Acne May Later Require Acne Scar Correction

Once we have active acne under control, we can discuss options to diminish the scarring. Mild scarring can be treated with peels, but deeper scarring needs a more powerful treatment. Radiofrequency and fractional laser devices help to stimulate collagen production, and new FDA-approved, long-lasting dermal fillers soften scar depressions and give immediate results for smoother skin.

Surgical Excisions May Require Correction of Scars

Patients who see me for skin cancers or other skin conditions are sometimes left with scarring after a necessary medical procedure. Fractional lasers, vascular lasers, intense pulsed light and microneedling are our most popular treatments for scarring.

Rosacea, Melasma and Sun Damage Require Correction of Skin Redness and Pigmentation

Posacea, melasma and other skin discoloration conditions are initially treated with oral or topical medications and good skin care, but we find that combination therapies with intense pulsed light, vascular lasers or fractional lasers give patients optimal results.



Lupo Center Rosacea patient treated with laser device

Do you have one treatment that you consider the most important?

There is no single most important treatment; rather, it is about considering the patient as an individual and creating an effective plan that will give them natural results. At the Lupo Center, we have the experience and ethics to provide optimal care for our patients. One of the reasons I joined Dr. Lupo's practice is because I knew I would be able to offer my patients a variety of state-of-the-art devices to help them look like their best self.



To schedule a consultation with Dr. Holcomb or Dr. Lupo, call the Lupo Center for Aesthetic and General Dermatology, 504-288-2381.