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Blunt!**
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body

CREAMS,
CLEANSERS,
and
SCRUBS



111



Best BEAUTY Buys

BODY WASH

111. Dove Deep Moisture

Some body washes hang out and leave a ring around the tub while cleaning skin only at the surface. But this glycerin-infused version is bundled with essential oils and “goes deep to hydrate every layer of the

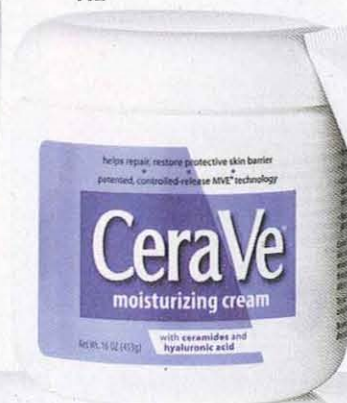
epidermis,” says New Orleans dermatologist Mary Lupo, \$7; at CVS.

BODY LOTION

112. CeraVe

You’ll find the usual suspects in this hydrating cream, including glycerin and hyaluronic acid. But the fragrance-free winner stands out

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from the crowd with “time-released ceramides that strengthen the skin’s barrier and help clinch all that moisture,” says Washington, D.C., dermatologist Noëlle Sherber. Translation: No need to reapply. \$15; drugstore.com.

HAND CREAM

113. Neutrogena Norwegian Formula

If you’ve got seriously chapped hands, arm yourself with this no-fuss formula. Concentrated glycerin takes the path of least resistance by “drawing

water into the skin and providing a barrier to prevent future water loss,” says N.Y.C. dermatologist Susan Binder. \$5; neutrogena.com.

FOOT CREAM

114. L’Occitane Shea Butter

Dr. Grossman keeps a tube by her bedside for three reasons:

The formula repairs even the roughest patches, it never feels tacky, “and it makes feet feel like they’ve just had a pedicure.” The lavender scent is a welcome change from the glut of peppermint pamperers. \$28; usa.loccitane.com.

BODY SCRUB

115. Fresh Brown Sugar

“Using these granules is like diving through a pot of crème caramel and coming out the other side all smooth,” says Dr. Colbert. A trifecta of almond, citrus, and jojoba oils seals in moisture, and the sensuous scrub is soft enough for sensitive skin. Sweet! \$65; fresh.com.

BAR SOAP

116. Dove White Beauty Bar

The joy of this classic cleanser is its simplicity. “It’s a life saver in the winter,” says Boston dermatologist Ramsey Alsarraf. “It hydrates and moisturizes even the most dry and sensitive skin,” he says. \$4/2; at CVS.

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