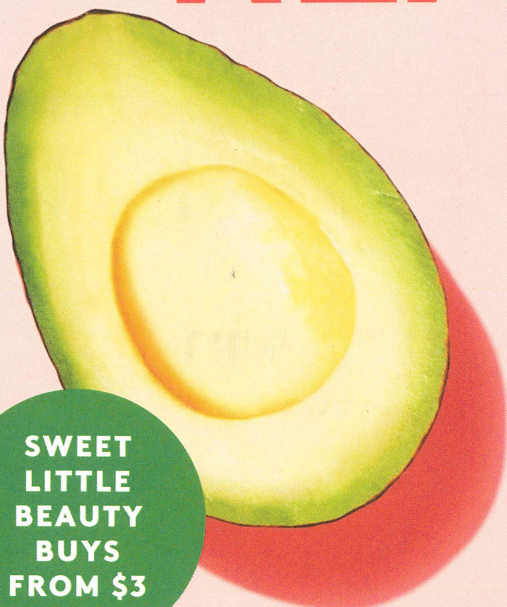


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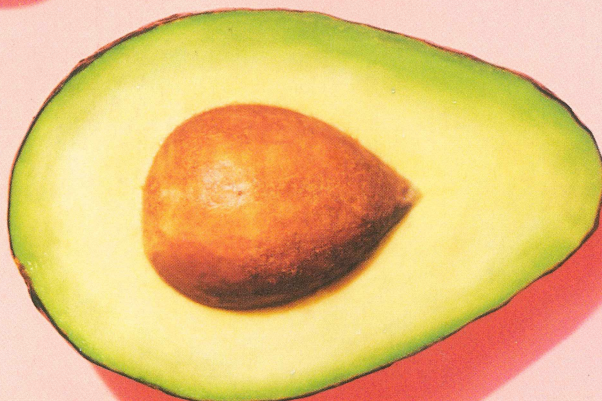
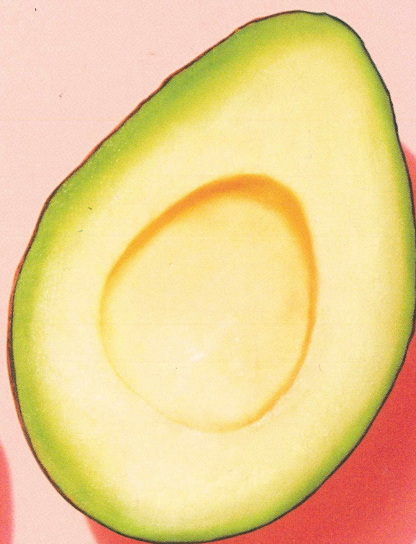
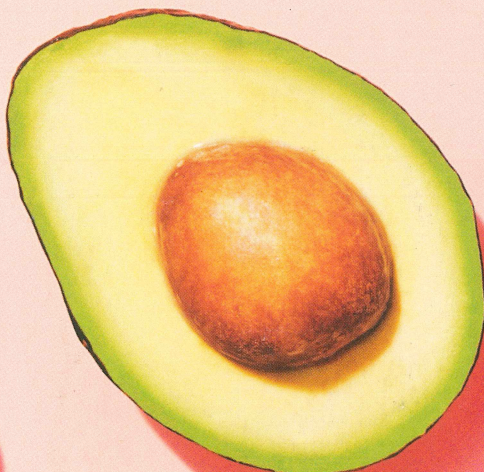
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THE PRODUCT

Topical wrinkle filler

Just as you use spackling paste to fill cracks in your walls, you can apply a topical wrinkle filler to temporarily hide crevices in your skin. Then you'll have a more even surface for makeup. "It's especially helpful if you're taking photos," says Mary P. Lupo, MD, a dermatologist in New Orleans. Many wrinkle fillers rely on silicone; others use humectants to plump the skin and camouflage fine lines.

WHO NEEDS IT

"Topical wrinkle fillers are good if you notice that your makeup is settling into wrinkles when your face isn't animated," says Donofrio. An added perk: These products can minimize the appearance of pores temporarily. Try Olay Regenerist Instant Fix Wrinkle & Pore Vanisher (\$27; olay.com).

WHO DOESN'T

If your skin is smooth or if you get wrinkles around your mouth or eyes only when you smile, skip it. Using too much "can look mask-like," warns Lupo.



THE PRODUCT

Neck cream

The skin on the neck is especially susceptible to sun damage, as well as to sagging, thanks to the downward pull of gravity. Plus, the skin "has few oil glands, so it dries out and gets damaged easily," notes Kauvar. Neck creams often contain anti-inflammatory or antioxidant ingredients, brighteners, and peptides to strengthen collagen and reduce lines.

WHO NEEDS IT

Try it "if you have bumpiness or brown or red discoloration on your neck," says Lupo. Also, if the skin on your neck is dry, a neck cream may moisturize better than a regular face cream. We like StriVectin TL Advanced Tightening Neck Cream (\$95; strivectin.com).

WHO DOESN'T

"If you have lots of cross-hatching wrinkles on the neck, you need a stronger, professional treatment, like filler or laser," says Donofrio. Also, you can skip neck cream if your face cream is working just fine. But "sunscreen is still mandatory for the neck and chest," says Tanzi.



THE PRODUCT

Face mist

The latest generation of face mists are formulated with "thermal water that contains vitamins and minerals you don't find in tap water," says Tanzi. Face mists have various perks, from adding hydration to setting makeup to refreshing skin.

WHO NEEDS IT

A face mist can be very soothing if you live in a dry climate, if your skin is super dry, tight, chapped, or itchy, or if your face feels dry on a long flight. Try Tatcha Luminous Dewy Skin Mist (\$48; tatcha.com).

WHO DOESN'T

Skip it if you are oily. And "avoid using mists if your hair frizzes, because it's hard not to get some in your hair," says Day.



THE PRODUCT

Night cream

Besides being noteworthy for what they don't contain (sunscreen), night creams tend to be thicker and more emollient than day creams. The extra thickness and active ingredients are a plus because "while you're sleeping, you lose more water from your skin, and it goes through a lot of repair," explains Day. Night creams often have ingredients like topical retinoids (which are deactivated by sunlight), fruit acids, plant stem cells, or DNA repair enzymes to treat skin damage or boost the skin's natural recovery process.

WHO NEEDS IT

Night creams are a boon for those with dry or damaged skin or wrinkles. And they're especially helpful in dry climates and during the winter, when humidity is low and the heat is on 24/7. A good one: RoC Retinol Correxion Max Daily Hydration Crème (\$25; walmart.com).

WHO DOESN'T

If you have active acne or very oily skin, avoid night creams and stick with a lighter hydrating serum, advises Lupo.

Find out the true causes of dry skin at realsimple.com/dry.