

redbook

SPECIAL ISSUE!

THE EASY BEAUTY GUIDE

- haircut makeovers
- shortcuts to great skin
- drugstore miracles

**10 ways to
feel young
and stay
healthy**

**SPRING
DEALS!**

**110 cute finds
under \$50**

**Zoey
Deschanel**
talks *all* about her
baby, finding
balance & getting
back in shape

**6
BEST
SNACKS
FOR
WEIGHT
LOSS**

"How we



USE A NECK CREAM

"Your face products may be too harsh for this very dry, sensitive area," [says dermatologist Mary Lupo, M.D.].

"Neck creams are designed specifically for the thin skin – much like how body wash and face wash formulas are quite different."

Lupo's favorite is Nectifirm®. "It's ultra-hydrating and has excellent peptides, plus antioxidant Vitamin C to brighten skin."